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The Department of Vermont Health Access Clinical Criteria

Subject: Gender Affirmation Surgery for the Treatment of Gender Dysphoria

Last Review: December 17, 2024*

Past Revisions: November 8, 2023, January 31, 2022, November 23, 2020, November 1, 2019, October 20, 2020, November 16, 2016, May 13, 2016, April 21, 2016, September 9, 2015, July 14, 2015, December 11, 2013, August 1, 2011, May 6, 2010, April 19, 2010, October 30, 2008

*Please note: Most current content changes will be highlighted in yellow.

<u>Description of Service or Procedure</u>

Gender affirmation surgery for the treatment of gender dysphoria is part of the treatment approach for persons with gender dysphoria as defined by the *Diagnostic and Statistical Manual of Mental Disorders – Fifth Edition, Text Revision [DSM-5]*. Individuals with gender dysphoria have persistent feelings of gender discomfort or distress that is caused by a discrepancy between a person's gender identity and that person's sex assigned at birth. Gender affirmation surgery may include genital reconstruction surgery and/or chest surgery by which the physical appearance and function of a person's primary and/or secondary sex characteristics are modified to establish greater congruence with their gender identity.

Vermont Medicaid Health Care Administrative Rule (HCAR) 4.238 includes a list of covered gender affirmation procedures, definitions, and conditions for coverage.

Disclaimer

Coverage is limited to that outlined in Medicaid Rule that pertain to the member's aid category. Prior Authorization (PA) is only valid if the member is eligible for the applicable item or service on the date of service.

Medicaid Rule

Medicaid and Health Care Administrative Rules can be found at https://humanservices.vermont.gov/rules-policies/health-care-rules/health-care-administrative-rules-hcar/adopted-rules



7102.2 Prior Authorization Determination
 4.101 Medical Necessity for Covered Services
 4.104 Medicaid Non-Covered Services
 4.106 Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Services
 4.238 Gender Affirmation Surgery for the Treatment of Gender Dysphoria

Coverage Position

Gender affirmation surgery for the treatment of gender dysphoria may be covered for members:

- When gender affirmation surgery for the treatment of gender dysphoria is prescribed by a
 licensed medical provider enrolled in the Vermont Medicaid program, operating within
 their scope of practice as described on the Vermont Office of Professional Regulation's
 website*, Statute, or rule who is knowledgeable in and experienced in performing gender
 affirmation surgery for a member suffering from gender dysphoria and who provides
 medical care to the member AND
- When the conditions for coverage in <u>HCAR 4.238</u> are met.

Coverage Criteria

Refer to HCAR 4.238 for the conditions of coverage.

Early and Periodic Screening, Diagnostic and Treatment (EPSDT): Vermont Medicaid will provide comprehensive services and furnish all Medicaid coverable, appropriate, and medically necessary services needed to correct and ameliorate health conditions for Medicaid members under age 21.

Please note, Vermont Medicaid Clinical Criteria is reviewed based on available literature, evidence- based guidelines/standards, Medicaid rule and policy, and Medicare coverage determinations that may be appropriate to incorporate when applicable.

Type of service or procedure covered

Coverage is available for specific gender affirmation surgeries for the treatment of gender dysphoria. Prior authorization is required for all gender affirmation surgeries for the treatment of gender dysphoria, with the exception of hysterectomies for members 18 years of age and older. Refer to HCAR 4.238 for the list of covered procedures.

Preventative screenings that may be medically necessary based upon sex at birth.

Type of service or procedure not covered

Procedures not covered under <u>HCAR 4.238</u> or when conditions for coverage are not met.

Coding guidelines

^{*} Vermont's Office of Professional Regulation's website: https://sos.vermont.gov/opr/

Please see the Medicaid Portal at http://vtmedicaid.com/#/feeSchedule for fee schedules, code coverage, and applicable requirements.

The medical provider must submit a prior authorization request for all gender affirmation surgeries involved with the treatment of gender dysphoria with the exception of hysterectomy for members 18 years and older. Effective 8/1/2023, prior authorization for hysterectomy is required only for procedures for members under 18 regardless of diagnosis/indication. Notice of this change was provided in 9/1/23 VT Medicaid Banner.

Please refer to the list of procedures included as covered in <u>HCAR 4.238</u> when medically necessary. This list may not be all inclusive. All diagnoses must be included on claims and Current Procedural Terminology (CPT) codes submitted on claims should match those CPT codes for which prior authorization was approved.

Please note: Services provided on date of service 10/1/2015 and thereafter must be submitted with ICD-10 diagnosis codes where applicable.

List of diagnosis codes accepted for gender affirmation surgery:

ICD-10- Diagnosis codes:
F64.0 Transsexualism
F64.1 Dual role transvestism
F64.2 gender identity disorder of childhood
F64.8 Other gender identity disorders
F64.9 gender identity disorder, unspecified
Z87.890 Personal history of sex reassignment

CPT codes covered in alignment with <u>HCAR 4.238</u>: (This list may not be all inclusive)

	(This list may not be all inclusive)
17999	Unlisted procedure, skin, mucous membrane and subcutaneous tissue- LASER
17380	Removal of hair by electrolysis.
19303*	Mastectomy, simple, complete
19325	Insertion of breast implant
19340	Insertion of breast implant on same day of mastectomy (i.e., immediate)
19342	Insertion or replacement of breast implant on separate day from mastectomy
19350	Nipple/areola reconstruction, with skin graft
53420	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra;
	first stage
53425	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra;
	second stage
53430	Urethroplasty, reconstruction of female urethra
54125	Amputation of penis; complete
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis,
	scrotal or inguinal approach
54660	Insertion of testicular prosthesis (separate procedure)
54690	Laparoscopy, surgical; orchiectomy

55175	Scrotoplasty; simple
55180	Scrotoplasty; complicated
55840	Prostatectomy, retropubic radical, with or without nerve sparing
55866	Laparoscopy, surgical prostatectomy, retropubic radical, including nerve sparing,
	includes robotic assistance, when performed
55970**	Intersex surgery; male to female
55980**	Intersex surgery; female to male
56625	Vulvectomy simple; complete
56800	Plastic repair of introitus
56805	Clitoroplasty for intersex state
57106	Vaginectomy, partial removal of vaginal wall
57110	Vaginectomy, complete removal of vaginal wall
57291	Construction of artificial vagina; without graft
57292	Construction of artificial vagina; with graft
57295	Revision (including removal) of prosthetic vaginal graft; vaginal approach
57296	Revision (including removal) of prosthetic vaginal graft; open abdominal approach
57335	Vaginoplasty for intersex state
57426	Revision (including removal) of prosthetic vaginal graft, laparoscopic approach
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of
58180	tube(s), with or without removal of ovary(s) Total abdominal hysterectomy (corpus and cervix), with or without removal of
00100	tube(s), with or without removal of ovary(s)
58260	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or without
	removal of tube(s), with or without removal of ovary(s)
58262	Vaginal hysterectomy, for uterus 250 g or less
58275	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or
ovary(s) 58290	Vaginal hysterectomy, with total or partial vaginectomy
58291	Vaginal hysterectomy, for uterus greater than 250 g
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with
	removal of tube(s) and/or ovary(s)
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with
	removal of tube(s) and/or ovary(s)
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with
	removal of tube(s) and/or ovary(s)
58572	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g
58573	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with

removal of tube(s) and/or ovary(s)

58720 Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)

58940 Oophorectomy, partial or total, unilateral or bilateral

*19318 may be used as an alternative to 19303 for procedure to reduce breast volume (simple mastectomy) with a reduction for gender affirmation surgery only.

Note: DVHA will align with CMS Billing and Coding article A53793 Gender Reassignment Services for Gender Dysphoria (2023), regarding the below procedure codes. When using these codes, all noted procedures are encompassed within the single code. Prior authorization requests and claims should not include separate codes for procedures that are included in the below descriptions for these codes.

**55970

When reporting procedure code 55970 (Intersex surgery; male to female), the following staged procedures to remove portions of the male genitalia and form female external genitals are included:

- The penis is dissected, and portions are removed with care to preserve vital nerves and vessels in order to fashion a clitoris-like structure.
- The urethral opening is moved to a position similar to that of a female.
- A vagina is made by dissecting and opening the perineum. This opening is lined using pedicle or split- thickness grafts.
- Labia are created out of skin from the scrotum and adjacent tissue.
- A stent or obturator is usually left in place in the newly created vagina for three weeks or longer.

**55980

When reporting CPT® code 55980 (Intersex surgery; female to male), the following staged procedures to form a penis and scrotum using pedicle flap grafts and free skin grafts are included:

- Portions of the clitoris are used, as well as the adjacent skin.
- Prostheses are often placed in the penis to create a sexually functional organ.
- Prosthetic testicles are implanted in the scrotum.
- The vagina is closed or removed.

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