

Do you have high blood pressure? Monitoring at home can help you keep it under control.

Here's What To Do

- Contact your health care provider if you need an at-home blood pressure monitor
- Once approved, have your provider send a prescription to your local pharmacy
- Take your blood pressure readings at home and report them regularly to your provider

QUESTIONS?

(1-800-250-8427

<u>Find participating providers</u> http://vtmedicaid.com/#/providerLookup



