
State of Vermont

Department of Vermont Health Access (DVHA)

NOB 1 South, 280 State Drive

Waterbury, VT 05671-1010

June 7, 2022

****Attention Provider ****
Blood Glucose Test Strip Quantity Limits

The Drug Utilization Review (DUR) Board is composed of practicing Vermont pharmacists and physicians who are responsible for reviewing and advising the Department of Vermont Health Access (DVHA) about prescription benefit utilization for Vermont Medicaid enrollees. During a recent meeting, the DUR Board discussed blood glucose test strip utilization in members also using a continuous glucose monitor. A review of pharmacy dispensing data identified multiple patients using significant number of test strips, some upwards of 10 strips per day. The board voted to implement quantity limits on test strips to ensure medical necessity when more than 6 test strips per day are being dispensed. This will apply to all members regardless of concurrent CGM use. **Effective 6/10/22**, a prior authorization will be required for members using more than 200 strips per 30 days.

As a reminder, if you or any of your employees suspect fraud, waste, or abuse in the Medicaid program please contact at 802-241-9210 OR email reportmedicaidfraud@vermont.gov.

For questions, please contact the Change Healthcare Pharmacy Help Desk at 1-844-679-5362. Vermont providers can also send inquiries via email to PBA_VTHelpdesk@changehealthcare.com. Thank you for your continued support of Vermont's clinical pharmacy programs.