

Member News

Information about Your Health Care Benefits

A Newsletter from the Department of Vermont Health Access

July 2012



Health Care Benefit Changes

This newsletter has information about changes to your health care benefits and other information about your health insurance. These changes are a result of the State of Vermont Fiscal Year 2013 Budget Act.

Co-Pay Changes Effective August 1, 2012

You may have to pay a share of the cost (called a co-pay) for some services. There are some changes to co-pays that start August 1, 2012 for Medicaid and Vermont Health Access Plan (VHAP) members. Medicaid co-pays are never required for beneficiaries living in a long-term care facility, under age 21 or who are pregnant or in a 60 day post-pregnancy period.

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- Prior Authorization for Outpatient Therapies
- Prior Authorization for Out-of-Network Elective Outpatient Office Visits

Program	Benefit	Co-pays as of August 1, 2012	Co-pays before 8/1/12
Medicaid	Prescription Drugs	\$1.00, \$2.00, \$3.00*	\$1.00, \$2.00, \$3.00
	Dental Visits	\$3.00	\$3.00
	Inpatient Hospital Visits	None	\$75.00
	Durable Medical Equipment (DME)/ Medical Supplies	\$1.00, \$2.00, \$3.00*	\$0.00
	Outpatient Hospital Visit	\$3.00	\$3.00
VHAP	Prescription Drugs (at or above 100% FPL)	\$1.00, \$2.00, \$3.00*	\$1.00, \$2.00
	Emergency Room (ER) Visit	\$25.00	\$25.00
	Durable Medical Equipment (DME)/ Medical Supplies	\$1.00, \$2.00, \$3.00*	\$0.00
	Outpatient Hospital Visit	\$3.00	\$0.00

*\$1.00 for prescription drugs and DME/medical supplies costing less than \$30.00;
 \$2.00 for prescription drugs and DME/medical supplies costing \$30.00 or more but less than \$50.00;
 \$3.00 for prescription drugs and DME/medical supplies costing \$50.00 or more.



greenmountaincare.org
 You are a member

Medicaid . Dr. Dynasaur . VHAP . Catamount Health Plans . Pharmacy Programs
 Premium Assistance for Employer-Sponsored Insurance . Medicare Savings Programs

This information is important. If you need help understanding it, call 1-800-250-8427.

Ova informacija je važna. Ako Vam je potrebna pomoć da je razumijete, pozovite 1-800-250-8427.

ဤသတင်းအချက်အလက်မှာ အလွန်အရေးကြီးပါသည်။ အကယ်၍ နားလည်ရန် အကူအညီလိုပါက 1-800-250-8427 သို့ဖုန်းဆက်ခေါ်ပါ။

Ces informations sont importantes. Si vous avez besoin d'aide pour les comprendre, appelez le 1-800-250-8427.

यो जानकारी महत्वपूर्ण छ। यदि तपाईंलाई यो बुझ्न सहयोग चाहिएमा, 1-800-250-8427 मा कल गर्नुहोस्।

Macluumaadkan waa muhiim. Haddii aad u baahan tahay caawimaad ah fahanka macluumaadka, wac 1-800-250-8427.

Esta información es importante. Si usted necesita ayuda para comprenderla, llame al 1-800-250-8427.

Maelezo haya ni muhimu. Ikiwa unahitaji msaada wa kuyafahamu, piga simu 1-800-250-8427.



Green Mountain Care Member Services
 1-800-250-8427 (TDD: 1-888-834-7898)



Prior Authorization for Out-of-Network Elective Outpatient Office Visits

If you plan to see an out-of-state provider who is not in the **Green Mountain Care** Network of providers, that provider must ask for prior authorization for an office visit before seeing you. Some hospitals/providers who are located close to Vermont are part of the Network. Call Member Services to find out if your provider is in the **Green Mountain Care** Network. Medical necessity may allow an out-of-network provider to provide medical care.

This is only for non-emergency (elective) visits. If you have a true emergency, call 9-1-1 or go to the emergency room (ER).

Medication Help for Members with HIV/AIDS

Vermonters living with HIV disease may be eligible for help with Medicaid and VHAP co-payments for treatment drugs. The Vermont Medication Assistance Program (VMAP) provides financial assistance with insurance premiums, co-pays and/or deductibles for the purchase of prescription medications for people who meet certain income guidelines. To find out more information, call the Vermont Department of Health at 1-802-951-4005 or visit the website at healthvermont.gov/prevent/aids/aids_index.aspx

Your Appeal Rights

Benefit changes are a result of the State of Vermont's Fiscal Year 2013 Budget. If you want to appeal any of these changes, you may request a fair hearing in person, over the phone or in writing. You may ask for a fair hearing any time up to 90 days after this notice is mailed to you. For more information or to ask for a fair hearing, call **Green Mountain Care** Member Services at 1-800-250-8427.

Reminder of Notice of Privacy Practices

This is to remind you that the Agency of Human Services (AHS) has a Notice of Privacy Practices concerning health information we receive from you or others when you apply for or receive services from AHS. The notice tells you about how we may use or share your health information and when we may not do so. It also tells you about your rights.

If you would like to obtain a copy of the Notice of Privacy Practices, you may request one by calling the AHS Privacy Officer at 1-802-769-2160. You can also find the notice on the AHS website, humanservices.vermont.gov/. (Click on "Help for Vermonters" in the box on the left and look for the link to Notice of Privacy Practices.)

Prior Authorization for Outpatient Therapies

For Medicaid beneficiaries up to age 21 years of age, prior authorization for outpatient therapies (Physical Therapy, Occupational Therapy, Speech Therapy) will change on August 1, 2012:

- The first 8 visits are allowed for each therapy type.
- Providers must request prior authorization for any therapy beyond the first 8 visits.
- Additional authorizations are required every 4 months from the start of care date.

This change does not apply to home health agencies.



Eat for Health

Did you know that eating more fruits and vegetables will help prevent and manage many health conditions? Your risk for heart disease, diabetes, high blood pressure, some cancers and weight issues can be decreased by eating more fruits and vegetables. For more health hints, go to health-vermont.gov/eatforhealth/healthy_hints.aspx.

Take Charge of Your Health

Preventive care is important for your health and well being. Talk with your doctor about preventive health services and maintaining your health and the health of your children.

Here are some things to do for preventive care.

- See your doctor for well visits. Get annual physical exams for adults, children and adolescents.
- Get immunizations for adults and children. Vaccines can prepare your body's immune system to help fight diseases.
- Visit your dentist for regular professional cleanings and oral exams.
- Take your children to a dentist to receive oral risk assessments by 6 months of age.
- Make sure your children visit their dentist regularly for professional cleanings and oral exams.

No Child Left Inside

Did you know that children who spend time outside are generally healthier than children who stay inside? The Vermont "No Child Left Inside" project helps families find things to do outside. Look for playgrounds, beaches, parks, or paths to try in your town for free! If you are a foster family, contact DCF about free state park passes for all of the members of your family. The Vermont State Parks Venture Vermont Program is another way to have fun outside this summer. You can win a free pass to a Vermont state park just for trying it. To learn more, go to www.vtstateparks.com/htm/venturevt.htm.



Insert this information into your Health Care Programs Handbook or keep with your health plan records.

If you have questions about any of the changes, do not understand how these changes may affect you or need to know more about your health care benefits, please call

