



This letter is important. If you do not understand it, take it to your local office for help.

Cette lettre est importante. Si vous ne la comprenez pas, apportez-la à votre bureau local pour recevoir de l'aide.

Esta carta es importante. Si no la entiende, llévela a su oficina local para solicitar ayuda.

Ovaj dopis je važan. Ukoliko je nerazumljiv za vas onda ga ponesite i obratite se lokalnoj kancelariji za pomoć.

Barua hii ni muhimu. Kama huielewi, ichukue, uende nayo katika ofisi yako ya karibu kwa msaada zaidi.

Dokumentigan ama qoraalkan waa muhiim. Haddii aadan fahmin, waxaad u qaadaa xafiiskaaga degaanka si aad caawimaad u hesho.

ဤစာရွက်စာတမ်းသည် အရေးကြီးပါသည်။ သင်နားမလည်လျှင်၊ သင်၏နယ်မြေရုံးခန်းသို့ အကူအညီရရန် ယူဆောင်သွားပါ။

यो दस्तावेज महत्त्वपूर्ण छ । यदि तपाईंले यसलाई बुझ्नभएन भने, मदतको लागि यसलाई आफ्नो स्थानीय कार्यालयमा लिएर जानुहोस् ।

July 2009

IMPORTANT INFORMATION FOR PEOPLE WHO HAVE EMPLOYER-SPONSORED INSURANCE

Part of your benefit is help with paying co-pays, co-insurance, and deductibles for services related to ongoing treatment of certain chronic conditions. Please call Health Access Member Services at 1-800-250-8427 for more information on the chronic conditions that are included in this benefit.

Chiropractors

Starting July 15, 2009, the state will pay for spinal manipulations provided by chiropractic physicians. If you see a chiropractor for manipulations related to your chronic condition on or after that date, your share of the costs for those visits may now be covered.

If your employer-sponsored insurance does not cover chiropractic services at all, you may go to a chiropractor for manipulations without a referral if it is to treat a covered chronic condition. In order to get more than ten visits in a calendar year, your chiropractor will need to ask the state ahead of time if more visits can be approved based on your circumstances. Children under 12 need prior approval before getting any services.

Chiropractic physicians must be enrolled in Vermont Medicaid for the state to pay for services.

Prescription Drug Benefit

If you get any drugs paid for by the state instead of your employer-sponsored insurance as part of your chronic care treatment, you should know about these changes (4106.2):

- Beginning with prescriptions that are filled on July 15, 2009, drugs for certain long-term treatment must be given to you in 90-day supplies. These are drugs taken routinely to manage select health issues. They depend on the person's situation and include, but are not limited to, high blood pressure, cholesterol, and diabetes.

OVER, PLEASE

The first time you try the drug, it can be for a shorter period of time while your provider decides if it is right for you. After that, you will get a 90-day supply. Prescribers have been told about this change. Your prescriber may have to change your prescription to make it 90 days at a time.

- Starting with prescriptions filled on July 15, 2009, you will have a co-pay of \$1 or \$2. If the cost to the state is \$29.99 or less, your co-pay will be \$1.00. If the state's cost is \$30.00 or more, your co-pay will be \$2.00. **If you are charged more than \$2.00, ask if the pharmacist has billed the state or you may call Member Services.**

If you have questions about these changes, call Health Access Member Services at 1-800-250-8427.

Appeal Rights

These changes are being made to comply with the state's Fiscal Year 2010 budget. If you want to appeal any of these changes you may request a fair hearing in person, over the phone, or in writing. You may ask for a fair hearing any time up to 90 days after this notice is mailed to you. For more information or to ask for a fair hearing, call Member Services at 1-800-250-8427. Services will not continue as they are now while your fair hearing is being decided. (Premium Assistance 4103.14)

Please insert this page in your Premium Assistance Handbook. It updates information on page 3. If you would like another copy of the handbook, please call 1-800-250-8427.

REMINDER OF NOTICE OF PRIVACY PRACTICES

This is to remind you that the Agency of Human Services (AHS) has a Notice of Privacy Practices concerning health information we receive from you or others when you apply for or receive services from AHS.

The notice tells you about how we may use or share your health information and when we may not do so. It also tells you about your rights.

If you would like to obtain a copy of the Notice of Privacy Practices you may request one by calling the AHS Privacy Officer at 802-241-2841.

You can also find the notice on the AHS website, www.ahs.state.vt.us. (Click on "Help for Vermonters" in the box on the left and look for link to Notice of Privacy Practices.)