

**CURB**  
**Meeting Minutes**  
May 18, 2011

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**PRESENT**

**Board:** Michel Benoit, MD, Paul Penar, MD, Patricia Berry, MPH, David Butsch, MD, Delores Burroughs-Biron, MD, Richard Wasserman, MD, John Mathew, MD, Norman Ward, MD, Adam Kunin, MD

**DVHA Staff:** Michael Farber, MD (Medical Director, DVHA; moderator), Vicki Loner (DVHA), Daljit Clark (DVHA), Danielle Delong (DVHA), Jennifer Herwood (DVHA), Sue Mason (DVHA)

**Guests:** Erika Edwards (ADAP), Meika Zilberberg (ADAP)

**HANDOUTS**

- Agenda
- Draft minutes from 3/19/11
- VPMS Hand Outs

**CONVENE: Dr. Farber convened the meeting at 6:36 pm.**

**1.0 Announcements**

- Future Meetings – Proposed for July 2011
- New CURB members

It was decided to take June off and the next meeting will be in July

The two new CURB members are Richard Wasserman, MD and John Mathew, MD

**2.0 Review of Minutes-Dr. Michael Farber**

The March 19, 2011 minutes were reviewed and accepted.

**3.0 ADAP – Vermont Prescription Drug Monitoring System – Meika Zilberberg**

- Overview VPMS
- Enrollment and Utilization

Meika Zilberberg provided a power point presentation of an overview of the VPMS.

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Meika will check on how many pharmacies are enrolled in the program and get that information back to the board.

Several CURB members were signed up for the VPMS by Meika at the CURB meeting.

#### **4.0 Follow-up Items**

- CURB Utilization control recommendation for PT, OT, ST for children –Sue Mason

The board was asked to clarify the recommendation that was posed at the last meeting. This was clarified that the recommendation is for 8 visits for each discipline before a Prior Authorization would have to be requested so that a beneficiary who has used 8 physical therapy visits would still have 8 speech therapy visits if needed.

#### **5.0 Sleep Studies**

- General Trends
- Review of Utilization

Dr Farber provided a power point presentation on sleep studies.

The presentation provided an overview of the sleep study issues and led to a discussion whether DVHA has a problem with overuse of Sleep Studies and/or the furnishing of CPAP and BiPAP. The board had several questions some of which will require research by DVHA: How much does a sleep study cost versus how much would a 3 month CPAP rental cost? How many people are actually found to have apnea from the sleep study?

Some ideas were to provide a trial of CPAP/BiPAP to relieve symptoms in place of the sleep study. Trial CPAP the same night as the sleep study to reduce unnecessary time and cost to the patient and DVHA.

#### **6.0 Sinus Films**

- Medically necessary
- Is there an appropriate study

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Dr. Farber provided a power point presentation on Sinus Films

DVHA will provide information on the number of CT sinus films requested and approved and proposed making some sinus films a non-covered service. This will be briefly presented at next meeting.

**7.0 Cardiac Stress Tests – Tabled**

- Problems getting correct test
- Data on Codes
- Reimbursement Rates
- Discussion

**Adjournment – CURB meeting adjourned at 8:35 PM**

**Next Meeting**

**July 20 2011**

**Time: 6:30 PM – 8:00 PM**

**Location: Department of Vermont Health Access, Williston, VT**